People, Dreams, Future. A Village with Locally-Grown Appeal: Minamiboso

# Minamiboso

Announcements for December 2014

**English Version** 

Published by Minamiboso City 299-2492 Chiba Prefecture, Minamiboso City, Tomiura-Chou Aoki 28 Edited by Secretariat and Publicity Division (Tel: 0470-20-4591 Fax: 0470-20-4591) www.city.minamiboso.chiba.jp English Version by Nathan Blackwell, Minamiboso City Coordinator for International Relations.



Announcements

## 2014-15 Breast and Cervical Cancer Screenings

If you have not had breast and cervical cancer screenings this year and would like to, please apply to the Health Support Division. To find medical facilities that perform each of these examinations, please contact the Division.

#### Breast Cancer Screening Performed until: January 31, 2015 Who: Women over 30

Cervical Cancer Screening Performed Until:

February 28, 2015 Who: Women over 20

\*After applying to the city, please make an appointment and get the examination soon. If you would like to change medical institutions, please contact the Health Support Division.

**Contact:** Health Support Division (TEL: 36-1152)

## Notice of Nursing Care Insurance Benefits

Notices listing nursing care insurance benefits received between August 2013 and July 2014 will be mailed out in late December.

The notice includes companies that were paid, documents pertaining to services, costs of services, etc. This notice is only meant for keeping records. You do not need to do any paperwork after receiving it. **Contact:** Health Support Division (TEL: 36-1152)

## Reserve the 2015 Farmers Almanac

- Farming Journal (Nougyou Nisshi) ¥1,400
- Family Journal (Famirii Nisshi) - ¥1,400
- New Farm Family Calendar (Shin-nouka Reki) - ¥440
  Reserve your copy by

phone by December 25. Contact: Agriculture, Forestry, and Fisheries Division (TEL: 33-1071)

## Childcare Allowance and Public Pension Benefits

Previously, those who were qualified to receive public pensions were not allowed to r e c e i v e C h i l d c a r e Allowances. However, under the new revised law, those who receive public pensions and who qualify for childcare allowance of a higher amount can receive benefits in the amount of the difference.

#### What is a Childcare Allowance?

The allowance helps pay childcare costs for singleparent households and families with parents that have certain disabilities. Household income must also be under a certain limit for a family to qualify.

#### Cases in which Families can Receive Childcare Allowance Under The New Amendment Include:

- Grandparents who are raising young children but are only receiving a small retirement pension
- Single-father households that only receive small bereavement welfare benefits
- Single-mother households where the father died after
  December 2014

the divorce and the children receive only small bereavement welfare benefits

If they apply by March 31, 2015, families that meet the requirements for childcare allowance on December 1 will receive those benefits starting with the December 2014 payment.

To receive an application, contact the Social Welfare Division.

Contact: Social Welfare Division (TEL: 36-1153)

## Drive Safely This Winter

Our slogan: "End drunk driving in our town." December 10 to 12 is the Winter Safe Driving Initiative. At the end of the year there are many occasions when people drink alcohol, but you must never drink and drive. Let's end drunk driving with the mantra: "Drunk Driving: I won't do it. I won't let you do it. And there is no excuse for



doing it."

## Experiencing Forest Therapy

Come experience forest therapy.

There will be a session for business people as well as a general session for anyone who wants to experience the forest. The business session is for people who want to use forest therapy for tourismrelated business and will explain forest therapy more in-depth.

**General Session:** December 6, 2014 and January 22, 2015 **Business Session:** December 9, 2014 and January 22, 2015 Time: 9:30AM-12:00PM Check-in: 9:15AM at Taibusa Nature Park Public Parking Lot Information Center Capacity: 10 people per session (Reservation needed) Fee: ¥100 What to bring: a drink, easy to move in clothes and shoes, rainwear that allows the use of both hands. backpack

**Contact:** Taibusa Shounen Shizen no le (TEL: 33-4561)

## Minamiboso Fureai Walk

Get better acquainted with Minamiboso by participating in the Minamiboso Fureai Walk. Maybe you'll find something new to love about the city while walking around. When: December 14 Starts at 9:30AM (Will continue in light rain.) Meeting Place: Maruyama Local Branch Office Course: Maruyama Local Branch → Nichiun-Ji Temple → Rosemary Park (lunch) → Maruyama Local Branch (appoximately 11km total) \*Children of elementary school age and younger must be accompanied by a guardian.

Participation Fee: Free What to Bring: box lunch, drink, towel, rain gear, etc. To Apply: Submit your address, name, and phone number by phone or fax. Deadline: December 10 Contact: Lifelong Learning Division (TEL: 46-2964 FAX: 46-4059)



# Counseling

Members of the Council for the Defense of Human Rights are available to counsel anyone with problems related to family, marriage, discrimination, or bullying. December 6 to 10 is Human Rights Week. This month, in addition to giving consultations, there is a "Road to Understanding" initiative to increase awareness of human rights issues.

#### When and Where

- Temporary Human Rights Centers (1-4PM)
- Dec 8 Maruyama **Community Center**
- Dec 11 Shirahama Local **Branch Office**
- · Dec 12 Tomiura Genki Club
- Dec 16 Miyoshi Rural Community Improvement Center
- Permanent Human Rights Center (10AM-4PM)

Dates: Dec 3, 4, 10, and 11 Where: Chiba District Legal Affairs Bureau, Tateyama Branch

"Road to Understanding" Date/ Time: December 5 Starting at 10:30AM Where: The Odoya stores in

Chikura and Maruyama

What: Members of the Council for the Defense of Human Rights will distribute pamphlets and other materials.

**Contact:** Citizen Registration Division (TEL: 33-1051)

## Wedding Counseling

Counseling for couples planning to get married When: December 5 10:00AM-12:00PM Where: Chikura Preventative Care Center Contact: Social Welfare Council (TEL: 44-3577)

## Legal Counseling

Counseling for divorce, inheritance, etc. When: December 25 1:00-4:00PM Where: To miyama Community Center Contact: Social Welfare Council (TEL: 44-3577)

## Issues in Daily Life

Counseling daily life issues **Time:** 1:30-4:00PM

#### Dates in December:

- 12/8 Maruyama Community Center
- 12/10 Tomiura Genki Club / Chikura Preventative Care Center
- 12/12 Tomiyama Community Center
- 12/17 Shirahama Health and Welfare Center / Wada Local Welfare Center
- 12/19 Miyoshi Health and Welfare Center

**Contact:** Health and Welfare Council (TEL: 44-3577)

## Financial and Consumer Counseling

Get counseling on debt management. Place complaints about products and services. **Time:** 10:00AM-3:00PM

#### Dates in December:

2, 5, 9, 12, 16, 19 and 25 \*An appointment is needed for in-person consultation. You will be given a location for the consultation when the appointment is scheduled.

\*For consultation over the phone, call the Commerce and Industry Division's Spending and Lifestyle Consultation phone number: (33-4300)

**Contact:** Commerce and Industry Division (TEL: 33-1092)

## Forum on Government Administration

Give us your opinions and requests regarding national administration including pensions, insurance, etc. **Time:** 1:30-4:00PM

#### Dates in December:

- 1 2 / 8 Maruyama Community Center
- 12/10 Tomiura Genki Club/ Asai Administration Center
- 12/12 Tomiyama Community Center
- 12/17 Shirahama Health and Welfare Center/ Wada Local Welfare Center
- 12/19 Miyoshi Rural Community Improvement Center

\*On other dates, you may call the Administration Complaints Hotline at 0570-090-110 (Ministry of International Affairs and Communication, Chiba Administrative Evaluation Secretariat. The hotline is open weekdays 8:30AM-5:15PM.) **Contact:** Secretariat Division

(TEL: 33-1002)

## Tax Counseling

Consultation on any kind of taxes and bookkeeping. Appointment required. When: December 16 10:00AM-3:00PM Where: Certified Tax Accountants Association, Tateyama Branch (Tateyama City, Hojo 1076) (TEL: 33-1002)

## Free Notary Public Services

Meet with a notary public and draw up documents including wills, adult guardianship forms, Do Not Resuscitate forms, and divorce papers. Appointments are required. **When:** December 9 1:00-4:00PM **Where:** Tomiura Genki Club **Contact:** Tateyama Notary Public's Office (TEL: 22-5528)

## Nursing Care Individual Consultation

Discuss nursing care, nursing insurance, etc.

Time: 1:30-4:00PM

## Dates in December:

- 12/5 Tomiura Genki Club
- 12/15 Tomiyama Community Center
- 12/25 Miyoshi Rural Community Improvement Center

**Consultants:** Workers at the the Regional Comprehensive Support Center

\*Please call ahead of time. **Contact:** Regional

Comprehensive Support Center (Naibou Area) TEL: 20-4060 Health Support Division TEL: 36-1152

Concerned about Paying back Loans?

You can pay off your debts if you take the right actions. Discuss your debt with a specialist consultant and, if necessary, a specialist in law. This service is confidential. Call to make an appointment Monday through Friday (excluding holidays), from 8:30AM-4:30PM (closed noon to 1:00PM). **Contact:** Chiba Office of the Treasury

(TEL: 043-251-7830)



## Tomiyama Tsunami Evacuation Drill

There will be a tsunami evacuation drill for Kushi, Ichibu, Takeuchi, Takasaki, and Koura districts.

When: December 7 at 8:30AM

Where: Each area's designated evacuation site Contact: Tomiyama Local Branch (TEL: 57-2511)

## Wada Hometown Beautification

When: December 7 Where: The whole Wada district Contact: Wada Local Branch (TEL: 47-3111)



## Doctors on Duty on Holidays and Sundays in December

#### Awa Regional Medical Center (Phone: 25-5111) admits emergency patients 24 hours a day, everyday.

The following is a list of other medical facilities open on certain holidays and Sundays.

#### December 7 (Sunday)

Hirano Ophthalmology (Tateyama) 27-3636 Tojo Hospital (Kamogawa) 04-7092-1207

#### December 14 (Sunday)

Tateyama Hospital (Tateyama) 22-1122 Hana no Tani Clinic (Chikura) 44-5303

#### December 21 (Sunday)

Kyonan Hospital (Kyonan) 55-2125 Hana no Tani Clinic (Chikura) 44-5303

#### **December 23 (Tuesday)**

Kamogawa City Kokuho Hospital (Kamogawa) 04-7097-1221

#### December 28 (Sunday)

Tateyama Hospital (Tateyama) 22-1122 Katsuyama Clinic (Kyonan) 55-2138

#### **December 30 (Tuesday)**

Kamogawa City Kokuho Hospital (Kamogawa) 04-7097-1221

#### **December 31 (Wednesday)**

Tateyama Hospital (Tateyama) 22-1122

## Blood Drive

Date: December 8 Time / Place: 10:00-11:00AM / Shirahama Community Center 2:00-3:30PM / Chikura Health Preservation Center Contact: Health and Welfare Center (TEL: 36-1152)

# Population Trends (as of November 1, 2014)

\*(parentheses) indicate change from the previous month Total Population: (-13) 41,148 Males: (-5) 19,772 Females: (-8) 21,426 Households: (+2) 17,303 Births: 16 Deaths: 55 Moved in: 93 Moved away: 67



Raising Children

## Health Checkups

Туре	Age	When		Where	
1 1/2 Year Check-Up	18 to 20 months	December 11	12:45-1:00PM	Miyoshi Health and	
3 Year Check-Up	3 years 4 months to 3 years 6 months	December 16	(Check-In)	Welfare Center	
Contact: Health Support Center - Phone: 36-1152					

## Childcare Consultation

Туре	When	Where		
Childcare/ Young Children/ Language to use with kids	Call at anytime to make an appointment. The date will be chosen once you have applied.	Childcare Support Center Honobono		
Contact: Childcare Support Center Honobono - Phone: 40-5111				

## Picture Book Reading Events

Event	Date	Time	Where	Contact
Picture Books Are Our Friends	Dec 12	10:00-11:30AM	Miyoshi Rural Community Improvement Center	
Chikura Story Time	Dec 13	10:30-11:15AM	The Library	
Picture Book Story Time	Dec 13	10:00-11:00AM	Maruyama Community Center	
Picture Book Classroom: Reading and Listening	Dec 13	10:00-11:00AM	Wada Local Welfare Center	The Library Phone: 40-1120
Tomiura "I love picture books" Group	Dec 14	11:15-11:30AM	Tomiura Genki Club	
Story Time	Dec 20	10:30-11:30AM	Shirahama Community Center	
I Love Story Time	Dec 20	10:00-11:30AM	Tomiyama Community Center	
Reading and Talking about Picture Books	Dec26	11:00-11:30AM	Childcare Center Honobono	Childcare Center Honobono Phone: 40-5111



Childcare Support Center Honobono

(Phone: 40-5111)

Here are some events for the month of November. Events for which a location is not written will be held at the Childcare Support Center Honobono (Minamiboso City, Shushigayatsu 1289-13).

#### Niko Niko Play Area

Hours: 9:30 AM – 4:00 PM. Closed Sundays, Mondays, holidays, New Year's Eve and New Year's Day.

At Niko Niko Play Area, parents and children can play, mingle, and make friends in a relaxed atmosphere.

Our staff can also discuss any childcarerelated issues you may be having.

The Play Area is for children from newborn to 4 years old.

#### Niko Niko Playroom Class

Learn about activities that are suitable to your child's age. These include games, books, and more.

**Capacity:** Up to 10 pairs/ families per class **Registration Deadline:** The day before

Age	Date	Time
2 months - old enough to sit up	Dec 2	9:45-10:45AM
Born April 2, 2013 - crawling age	Dec 3	
Born April 2, 2012 - April 1, 2013	Dec 5	9:45-10:45AM 11:00AM-12:00PM
Born April 2, 2011 - April 1, 2012	Dec 9	
Born April 2, 2010 - April 1, 2011	Dec 10	

### **Birthday Party**

This is a birthday party for children born in December. Children outside of Niko Niko Play Area's age range can also attend.

When: December 26 - Starts 11:30 AM Registration Deadline: December 25

#### **Relaxing with Tea**

We will be waiting with tea, coffee and sweets. Feel free to drop in. (¥100) **When:** December 26. 10:00AM-12:00PM

## Beby Day The 1st and 2rd Wednesder

## Baby Day - The 1st and 3rd Wednesday of Every Month

Mothers with babies can meet and mingle.

#### Christmas Party

Hear a Christmas concert by local musicians. When: December 15 10:00-11:30AM Where: Shirahama Floral Hall Registration Ends: December 8



#### Family Fitness

Learn how to get moving and play ball games with your kids.

When: December 17 10:00-11:00AM Where: Tomiyama Community Center Who: Children old enough to walk



Capacity: 15 pairs/ families Registration Ends: December 12

#### Learn about the Parent-Child Bond

This is a course for pregnant women, their husbands, parents, and other family members. The goal of the course is to promote good prenatal health. The course has 4 parts, and one lecture is given each month.

When: December 18 - 1:00-3:30PM

**Topic:** #1 - How to Spend Your Time During Pregnancy

Registration Deadline: December 16

#### Learn about Baby Food

This course will discuss weaning, baby food, and more.

When: December 16; 9:45AM-12:30PM

Who Should Attend: Parents with children who have just started, or will soon start eating baby food

Registration Deadline: December 9